

SKIN

# 5 Best Facial Epilators for Long-Lasting Hair Removal

Say goodbye to peach fuzz with these at-home devices.

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Removing unwanted <u>facial hair</u> isn't exactly anyone's favorite pastime, but these best facial epilators make it much easier—and maybe even a little satisfying. "Facial epilators are designed to remove hair by plucking it out at the root," says <u>Connie Yang</u>, MD, a board-certified cosmetic dermatologist at <u>PFRANKMD by Dr. Paul Jarrod Frank</u>. Using motorized rotating tweezers, these devices grab hairs at the base and remove them from the follicle as they glide across your skin. The result? Longer-lasting smoothness compared to <u>shaving</u>. "Plus, they're a quicker option for larger areas than <u>threading</u> and tend to be gentler on the skin than <u>waxing</u>, which pulls at both hair and skin," says <u>Dr. Yang</u>. Bonus: They're portable, mess-free, and way less hassle than booking a waxing appointment. Here's how to up your grooming game.

### Best Epilator Overall: Braun FaceSpa Pro



Why we love it: Braun's FaceSpa Pro combines precision and versatility in one sleek device. "It uses rotating tweezers for ultraprecise hair removal, with a small detachable head that's perfect for delicate areas like the upper lip and brows," says Dr. Yang.

## Meet the experts

Connie Yang, MD, a board-certified cosmetic dermatologist at PFRANKMD by Dr. Paul Jarrod Frank in NYC

### What epilator is best for the face?

When choosing a facial epilator, opt for one that's compact and easy to maneuver, perfect for delicate areas like your upper lip or chin. Prioritize features like motorized tweezers, which remove hair from the root for longer-lasting smoothness. "Epilators with tweezers are more precise and better suited for fine facial hair than those with rotating discs," explains Connie Yang, MD, a board-certified cosmetic dermatologist at PFRANKMD by Dr. Paul Jarrod Frank in NYC. A built-in LED light is another must-have for spotting those tiny, hardto-see hairs. "For fine, light-colored facial hair, the light can help you visualize hairs more clearly for better removal," she adds. Look for hypoallergenic materials to minimize irritation and attachments like facial caps or cleansing brushes for added versatility. Adjustable speed settings are a bonus: "Slower speeds work well for fine hair and are gentler on sensitive skin," says Dr. Yang. And if the device is removable and washable? Even better. "It helps reduce the risk of bacterial contamination," she says.

#### What are the cons of a face epilator?

While facial epilators offer a convenient and effective way to remove hair, they do come with some potential drawbacks. "Facial epilators can cause irritation and may not be suitable for sensitive skin or those with conditions like eczema or rosacea," says Dr. Yang. They should also be avoided over active acne or rosacea, as this can worsen inflammation and spread bacteria. "For some, the trauma of plucking hairs can lead to hyperpigmentation, particularly in darker skin tones. Additionally, individuals with thin or fragile skin should use epilators cautiously, as the process can cause microtears and further irritation. Proper technique and aftercare are essential to minimize these risks," she says.