

Men's Health

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The 6 Best Black Seed Oil Products for Healthier Skin, Tested by Grooming Editors

During our research and testing, we've found that the best black seed oils come in pure oil form.

BY SEAN ZUCKER DEC 10, 2024



AS SOMEONE WHO'S generally a fan of holistic medicine, I'm always excited to try whatever new natural treatment is currently trending. But as someone who has been burned before—quite literally when it came to citrus oil—I also always go in skeptical. With that in mind, I was relieved to find that black seed oil is the real deal when it comes to claims of improving skin and hair health. At least, when used in—or with—the right products that is.

BEST BLACK SEED HAIR OIL

Noun Naturals The Hair Oil



Sure, we started using this Noun Natural oil to improve our scalp health and fight off dryness, but we quickly learned it helped our hair look and feel thicker with more bounce, too. [Dr. Gabriela Soza](#), a New York-based board-certified dermatologist, seemingly agrees, adding, "Noun Naturals makes a great hair repair product which contains black seed oil to help strengthen strands and improve hair loss." Not to mention, we're still on our first bottle as this stuff lasts forever. Only a couple of sprays is enough to see major benefits, as a little bit goes a long way.

Meet the Experts

- [Dr. Gabriela Soza](#), a New York-based board-certified dermatologist at [PFRANKMD](#) by Dr. Paul Jarrod Frank