

PURIST[®]

AN ADVENTURE IN WELLNESS

MIAMI / PALM BEACH, WELLNESS

South Florida Confidential

The latest in hotels, beauty, fitness and restaurants, from Miami to Palm Beach.

By Beth Landman



It's an exciting time in South Florida, with a landscape that has seen some dramatic changes since last season. As we get ready to retreat from the cold, here are some highlights, from the largest spa opening in the state, to a new golf resort in West Palm Beach and new restaurants from owners of beloved Bice and Carbone.

NY Doctors

Some of New York's top dermatologists, including [Paul Jarrod Frank](#), will be holding office hours in Miami this season. Apart from consultations, they will also be doing injectables and bringing along some of their high-tech tools.