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Plastic Surgeons Predict The Top Aesthetic Procedures For 2025

Board-certified plastic surgeons make their top trend predictions of 2025, from early intervention procedures to the use of regenerative stem cells, nanofat, exosomes and more.

Jessica Ourisman Dec 16, 2024,



After taking a years-long hiatus, actress Lindsay Lohan's Hollywood comeback has the public entranced. The beauty world is especially enamored of her refreshed aesthetic, as social media teems with videos speculating which aesthetic procedures are behind the *Mean Girls* star's glow-up.

Board-certified cosmetic dermatologist [Paul Jarrod Frank](#) currently offers [VSEL Stem Cell treatments](#), a treatment that claims activate the pluripotent [VSELs](#) (which stands for "very small embryonic-like stem cells" believed to be in blood) using a laser via patient PRP for injection or IV administration. However, VSEL aesthetic treatments are so new that not all experts are yet convinced.