

Bustle

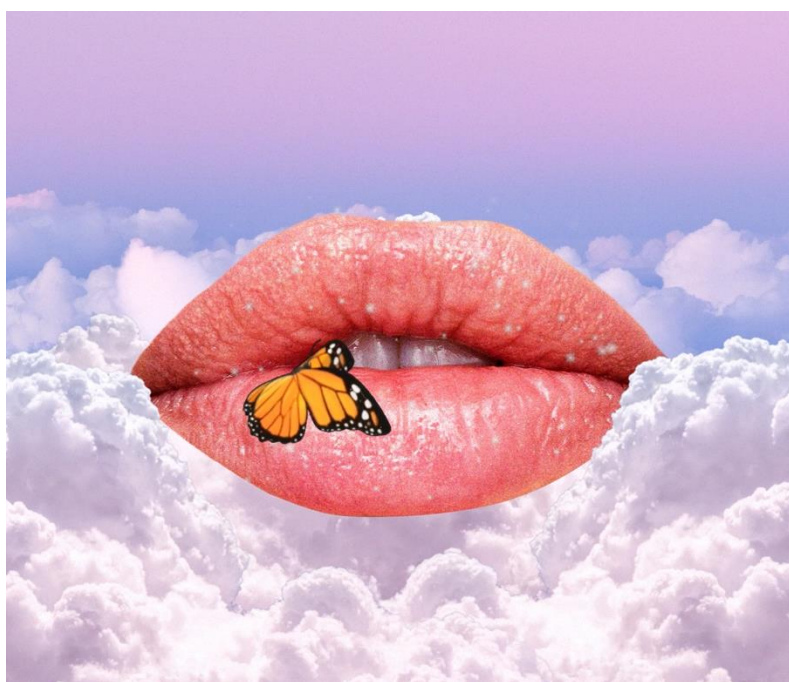
Beauty

I Went Overboard With Lip Filler. Dissolving It Saved My Confidence.

You can have too much of a good thing.

by Taryn Brooke

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A friend told me that once you start getting facial filler, it's hard to stop. From the first application of numbing cream on my lips seven years ago to the first prick of the needle, not only did I love the stinging feeling, I was obsessed with my newly voluminous pout.

Dissolving My Filler

I was treated with Hylenex, which cosmetic dermatologist [Dr. Paul Jarrod Frank of PFRANKMD](#) says is the only product on the market right now for the job. You sometimes might hear it referred to as hyaluronidase, the enzyme that breaks down hyaluronic acid-based fillers safely and effectively. "You should see results in as little as an hour," he says.

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I wasn't alone. "[In my office] we are seeing an increased trend of patients realizing that there is such a thing as too much of a good thing and we're sculpting faces down as often as we sculpt them up," [Frank](#) says.