

# ELLE

## Ozempic Face: How the Celebrity Weight Loss Drug Distorts the Face

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Originally intended for diabetic patients, Ozempic is now being diverted for its rapid slimming effects. A controversial trend, which is not without worrying consequences. Explanations.

It helped Elon Musk lose 13 kilos, Tori Spelling used it after her pregnancy, and Oprah Winfrey uses it "when she feels the need." For several months, the list of celebrities admitting to having tested Ozempic has continued to grow. This prescription drug, intended to treat type 2 diabetes, has become Hollywood's new slimming secret. A true appetite suppressant, it regulates blood sugar and controls the feeling of satiety thanks to the hormone GLP-1 (glucagon-like peptide-1). To simplify, this hormone allows the body to feel full more quickly, gradually reducing food intake. But behind the rapid weight loss, another worrying side effect: the alteration of the face, often marked, even deformed.

### WHAT IS THE OZEMPIC FACE?

Marketed by the Novo Nordisk laboratory, Ozempic has many side effects. Among them, abdominal pain, fatigue, nausea, but also premature skin aging. It is this last point that gave rise to the expression "Ozempic face", popularized by dermatologist Paul Jarrod Frank. In an interview given to the "New York Times" and taken up by "Vanity Fair", he explains: "A patient of mine, aged 50, came to consult me. She had lost a lot of weight and needed filler injections, an intervention she had never needed before." Her slimming "secret"? The Ozempic treatment.