

Parade

The 20 Best Facial Cleansers for Aging Skin, Tested by Dermatologists and Makeup Artists

These top face washes are recommended by beauty experts—here's why.

LAURA BECK • 11 HOURS AGO



Aging happens to the best of us, but it doesn't mean that our [skin](#) has to look it. And even though cleansing skin may not always feel like a glamorous part of your routine, it's important to properly cleanse your skin so you keep your skin healthy—and so that all your products work. Luckily, we've consulted top dermatologists and [makeup](#) artists to round up the **best facial cleansers for aging skin**. These experts know how to care for mature skin and keep it looking its absolute best.

Why Is It Important to Cleanse Your Skin?

Dr. Connie Yang, Cosmetic Dermatologist at [PFRANKMD](#) by Dr. Paul Jarrod Frank, further underscores the significance of cleansing, calling it "arguably the most important step in your skincare routine, aside from sunscreen." She explains that proper cleansing does more than just prevent breakouts—it's essential for maintaining overall skin health.

According to **Dr. Yang**, cleansing "remove[s] dead skin cells that can contribute to skin texture, help[s] maintain the skin's pH balance and barrier function, and allow[s] better absorption of other skincare ingredients."

Best for Blemish-Prone Skin: [iS Clinical Cleansing Complex](#), \$25 on Amazon



Dr. Yang recommends this as an excellent cleanser for mature skin. Customer Megan B. says, it "deep cleans without leaving my skin feeling dry and tight."

Best Non-Irritating: [Vanicream Gentle Facial Cleanser](#), \$9 on Amazon



Dr. Yang includes this in her top picks for sensitive skin. Customer Jane P. says she has “extremely sensitive skin” and this cleanser “is super gentle on my skin and removes makeup – including waterproof mascara – quickly and thoroughly.”

Best Exfoliating: [SkinMedica AHA/BHA Exfoliating Cleanser](#), \$48 on Amazon



Dr. Yang includes this in her list of best multi-tasking cleansers for mature skin. Customer Alexandria Ross says, “this cleanser has changed my skin texture on my face and neck significantly.”

Sources

- Dr. Connie Yang, Cosmetic Dermatologist at PFRANKMD by Dr. Paul Jarrod Frank